

214459 – Doctor Seaweed's Weed & Wonderful Beauty+ integratore di alghe e semi

DISCOVER THE WONDER OF SEAWEED

A forgotten food, that for thousands of years has benefitted our health and wellness. As a marine biologist, I am passionate about bringing you the natural health benefits of seaweed, and in ways that will make you feel wonderful.

DOCTOR SEAWEED

DR CRAIG ROSE PhD
MARINE BIOLOGIST

WEED & WONDERFUL BEAUTY+ SUPPLEMENTS
CONTAIN NATURAL SOURCES OF NUTRIENTS
THAT SUPPORT NORMAL :

SKIN:

Iodine, Vitamins A, B2, B3, Biotin, Zinc

HAIR:

Biotin, Selenium, Zinc

NAILS:

Selenium, Zinc

PROTECTION OF CELLS FROM OXIDATIVE STRESS:

Vitamins B2, C, E, Selenium, Zinc

COLLAGEN FORMATION FOR THE NORMAL FUNCTION OF SKIN:

Vitamin C

Nutrient	Amount	% NRV*
Vitamin A	135µg	17%
Vitamin D3	6µg	120%
Vitamin E	2.7mg	23%
Vitamin K	22.5µg	30%
Vitamin C	18mg	23%
Thiamin (B1)	0.75mg	68%
Riboflavin (B2)	0.75mg	54%
Niacin (B3)	3.6mg	23%
Vitamin B6	0.9mg	64%
Folate (B9)	120µg	60%
Vitamin B12	1.2µg	48%
Biotin (B7)	9µg	18%
Pantothenic Acid (B5)	1.5mg	25%
Zinc	1.5mg	15%
Selenium	16.5µg	30%
Chromium	10.5µg	26%
Iodine	225µg	150%

*Nutrient Reference Value

Directions: For adults take 1 capsule daily with food. Speak to healthcare professional if pregnant, breastfeeding, on medication or have existing medical conditions.

Do not exceed stated dose. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Store in a cool, dark, dry place. Keep out of the reach of young children.

The seaweed is a natural product, sustainably grown in the pristine waters of the Isle of Lewis in Scotland. The seaweed is naturally rich in iodine. Iodine can be harmful if consumed excessively.



BEST BEFORE END
SEE BASE OF BOX

BEAUTY+



DOCTOR SEAWEED'S®
Weed & Wonderful®
NATURAL GLOW
PURE SCOTTISH SEAWEED+
ALL NATURAL NUTRIENTS

Food Supplement

30 Capsules

Discover more at:
doctorseaweed.com

@doctorseaweed

Ingredients: PureSea® Hebridean Ascophyllum nodosum Seaweed Powder, Natural Multivitamin Blend from Amla (Phyllanthus emblica), Moringa (Moringa oleifera), Holy Basil (Ocimum sanctum), Green Tea (Camellia sinensis), Carrot (Daucus carota), Sunflower Seeds (Helianthus annuus), Spinach (Spinacia oleracea), Shiitake Mushroom (Lentinula edodes), Oyster Mushroom (Pleurotus ostreatus), Curry Leaves (Murraya koenigii), Coconut (Cocos nucifera), Parsley (Petroselinum crispum), Annatto (Bixa orellana), Lichens, Garlic (Allium sativum), Marigold (Tagetes erecta), Vegan Capsule Shell: Hydroxypropylmethylcellulose, Corn Maltodextrin, Nu-Mag (Rice extract, rice hulls, gum Arabic, sunflower oil), Rice Fibre.

Seaweed & Co., 1.3 Arnish Point
Isle of Lewis, Outer Hebrides, HS2 9JY

**VEGAN FRIENDLY
GLUTEN FREE**

